Dr. Isaac Goiz Duran considers that most illness starts in two points in different parts of the body related to one another, having the same characteristics of bioenergy. We call it Par Biomagnetic. Dr. Goiz asserts that when the body is altered in one of them, acidification occurs; in the other is alkalinization, which causes one to accumulate viruses and the other pathogenic bacteria.

Dr. Goiz shows that it is simple enough to place two magnets on these points for viruses and bacteria; this may adversely affect the body and enable it to loosen their pathogenic ability. Doctor Goiz has located over 250 BMPs allowing magnets to deal with almost any disease; in many cases to achieve solving problems with one or very few sessions.

Program Syllabus

- Biomagnetism. Theoretical foundations;
- PH – concept and measurement;
- Bioquimic Pair;
- Biomagnetic Pair;
- Axes biomagnetic human body;
- Identification of trace points;
- Biomagnetic Therapy;
- Specials pairs and biomagnetic therapy;
- Demonstrations of therapies with Biomagnetic Pair;
- Synthesis and analysis of therapy with Biomagnetic Pair, present and future;
- Questions and answers about first pairs discovered and systematized.

Dr. Isaac Goiz Duran is the only person authorized in Spain to teach courses on biomagnetic pair and they are guaranteed by the Mexican School of Medical Biomagnetism and the University of Chapingo, Mexico.

Additional Information

Limited space, accepted in strict order of registration. The course is five full days from Nov 1 thru 5 inclusive. The Price of the course is 1,200 euros plus taxes. This includes: the course; a manual; a pair of magnetic devices; coffee breaks morning and afternoon, and buffet lunch. The course is in Spanish, translated into English simultaneously, though earphones provided, so translation is heard in real time.

Accommodation, is not included; however the Hotel Melia Avda America where the course is held provides accommodation. The price of rooms, 85 euros for a double room, plus taxes, with buffet breakfast included.
with the theme, The Future of Aromatics in Integrative Healthcare, AIA is hosting an array of industry leaders who will be presenting on a variety of topics including the use of aromatherapy in clinical setting, spa, personal care and other integrative therapies, as well as aromatherapy research and natural perfumery.

**Speakers**

- **Mary Jo Kretzler PhD RN FAAN** Keynote Presenter, Integrative Health: Pathway to True Health Reform
- **Jane Buckle PhD RN** Keynote Presenter, Aromatherapy in Hospitals, Post-Conference Presentation: M-Technique for Hands & Feet
- **Rhiannon Harris RGN MFFPA** Pre-Conference Presentation: Aromatherapy for Skin Integrity: A Clinical Challenge, Aromatherapy in Cancer and Palliative Care in the U.K.
- **Mindy Green MS AHG RA** Intuitive Methods of Oil Selection for Chakra Balancing
- **Raphael d’Angelo MD** Essential Oils and the Human Body
- **Kris Wrede Aromatherapist & Natural Perfumer** Aromatherapy Trends in Spa & Skin Care, Post-Conference Presentation: Advanced Perfumery
- **Debbie Freund RN CCAP** Pre-Conference Presentation: Scentsing the Sacred Self, Demystifying Essential Oil Chemistry
- **Howard Freund PhD** Demystifying Essential Oil Chemistry
- **Linda Halcón PhD MPH RN RATC** Essential Oil Research: Strategies and Pitfalls
- **Sharon Tessier MA MS and Tanya Holtz** Healing Transformation & Creative Expression
- **Pam Conrad RN BSN PGd CCAP** A Clinical Study: Reducing Anxiety and Depression in High Risk Post Partum Mothers
- **Nancy Cullen Graves BS MBA CA** Aromatic Kundalini Yoga
- **Bev Day MBA CFE RA** Business Stuff: It's Not That Hard!
- **Katharine Koeppen RA LMT NCTMB** Transforming Terrain: Essential Oils for Uncovering Your Client's True Nature
- **Lora Cantele RA CMAA CSRT** The Future of AIA, Aromatherapy and You
- **Bill McGilvray** Essential Oils of Australia

**Further Information**

Attendees may receive up to 30 contact hours for fully attending the conference. For further information and to book contact AIA on Tel: +1 303-531-6377; Fax +1 303-979-7135; info@aia-aromatherapists.org  www.Alliance-Aromatherapists.org

**Alliance of Crystal Practitioners and Healers (ACPH)**

The aim of ACPH is to act as a democratic umbrella body which provides a network of support and guidance for crystal therapy schools and colleges, their graduates and students. In addition, to promote the minimum standards of training and assessment necessary for good practice.

**Alliance of Crystal Practitioners and Healers (ACPH) International Aromatherapy Conference & Wellness Expo:**

The Future of Aromatics in Integrative Healthcare

September 29 - October 3, 2011. Minneapolis Marriott Southwest, Minnetonka, MN

With the theme, The Future of Aromatics in Integrative Healthcare, AIA is hosting an array of industry leaders who will be presenting on a variety of topics including the use of aromatherapy in clinical setting, spa, personal care and other integrative therapies, as well as aromatherapy research and natural perfumery.

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Earlier this year, four colleges, specializing in teaching Crystal Therapy, came together with a single aim, i.e. to further public awareness that Crystal Therapy has an important contribution to make to the complementary therapy field. All these schools teach crystal therapy to the highest standard, with similar aspirations and great enthusiasm.

- Crystalline College
- The Phoenix College of Crystal Therapy
- The IIHTVH (International Institute for Holistic Therapies & Vibrational Healing)
- Vanott College of Crystal Therapy

Thus, this new umbrella body came into being. We named it: Alliance of Crystal Practitioners and Healers (ACPH). The name ‘Alliance’ was specifically chosen with a view to actively work together and support our students, whilst upholding the highest standards in crystal healing.

At the same time we want to spread the knowledge of the true healing power of crystals when applied by accredited Crystal Therapists, who have undergone a thorough training of at least two years.

**Further Information**

To contact ACPH please select the relevant person below to email:
- Chair: Linda Priest - linda@acph.co.uk
- Treasurer: Ann Foster - ann@acph.co.uk
- Secretary: Kathy Tompsell - kathy@acph.co.uk
- Education and Standards Officer: Pauline Wilkie - pauline@acph.co.uk
- Publicity Officer: Nicola Leslie-Gallagher - nicola@acph.co.uk
- News Editor: Anna Mandala - anna@acph.co.uk

Please contact Linda Priest on Tel: 01488-683794; info@crystallinecollege.co.uk  www.acph.co.uk

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**The Photographic Atlas of Acupuncture**
by Dr Antoine Bereder MD

An exceptional and unique reference book to last a lifetime

![The Photographic Atlas of Acupuncture](image)

Acupuncturists, Chiropractors, Chinese medical doctors and therapists working in Complementary Medicine will have a book to last a lifetime with The Photographic Atlas of Acupuncture by Bereder. This 580 page, full colour reference book with strong stitched bindings to withstand daily consultation use, provides an ideal working companion.

Created to highlight the main meridians, the secondary circuits, internal branches, Jing Jin and Jing Bie circuits using real photographs rather than sketches, the 600 images in this high quality book make it easier to understand the overall energy network in three dimensions, and help the user to find the precise location of acupuncture points.

For ease of use during consultations the atlas is based on three practical sections:

The first section provides an overall introduction to the network of meridians, vessels and chakras. The middle section looks at the same meridians within their anatomical zones, while the final section provides a highly detailed index to find any point or meridian quickly.

Whether referenced in a classroom or during a consultation, this guide, which has been approved by the College of Chinese Medicine, is the resource for the study and practice of this healing art.

**About the Author**
Dr Antoine Bereder is a fully trained Medical Doctor as well as Acupuncturist.

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**Further Information**

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**Reclaim your Health New Book**
Blinded by Science by Matthew Silverstone is a new book which explains how nature can help you to reclaim your health and well-being and uncovers new evidence to show that there are many ways in the world we live to damage your health. Yet with a greater understanding of how nature behaves, we can start to limit these effects. Silverstone tells us how trees, plants, water, the sun and the moon can all play a part on how we feel on a daily basis.

Further Information: Tel: 07795 401 146 matthew@blindedbyscience.co.uk www.blindedbyscience.co.uk

**Kiwiherb Comfrey for Bruises**
Phil Rasmussen, New Zealand Medical Herbalist and creator of the Kiwiherb Herbal Remedy range advises us to use Kiwiherb Comfrey to soothe the discomfort of bruising, ease any swelling and aid repair of the damaged tissue. It can also be used to help those suffering from a variety of joint, bone and muscle problems.

Further Information: 01455 556281 info@kiwiherb.co.uk www.kiwiherb.co.uk

**Alexander Lowen European Tour**
The Alexander Lowen Foundation’s yearlong celebration of Dr Lowen’s life and work continues with their first European Tour, which includes workshops in Croatia, Greece and Belgium. The workshops pay tribute to Dr Lowen's original approach and include both theoretical presentations and experiential exercises focusing on the three basic principles of Bioenergetics – breathing, grounding and vibration.

The IIBA International Conference of Bioenergetics takes place in San Diego, CA on 26-30 October 2011.

Further Information: Tel: +1 203 966 3474; Tel: 020 7833 2307 post@singing-dragon.com www.singingdragon.com

**Diabetes Advice**
Diabetes UK, the leading charity for
New Hot Stone Massage Bag from Vulsini

Launched April 2011 at the Cosmoprof International Trade show in Italy, the Vulsini Bag is a groundbreaking new product for anyone involved in Hot Stone therapies.

The bag heats basalt stones for hot stone massage without using water, eliminating the need for a bulky, impractical heater.

Thanks to years of trade links with hundreds of therapists, Vulsini have been able to make Hot Stone therapies truly mobile, for the first time ever. Listening to these therapists, in-house designers together with manufacturers and electrical engineers, have spent two years developing the bag, creating the first and only Mobile Stone Therapy solution. For the first time, therapists will be able to carry out a hot stone massage anywhere they can dream of, with ease.

The creation of the Vulsini bag means therapists can maximize their time, meaning that more treatments can be performed in quick succession than ever before and the need to take a water heater to the client eliminated. Simply arrange the stones inside the bag and plug it in to any UK or EU socket to heat the stones. The temperature of the stones inside can be regulated by a built in digital thermostat, and the handy thermometer on the front.

Whilst traveling to a client, the bag can be plugged into a 12v lighter socket in your car, to maintain the temperature of the stones. Both mains and car adapter sockets are fitted to the bag and are stored in individual pockets on the front. In addition, risk factors are vastly reduced as there is no water around any electrical outlets and no need to carry and empty 10 litres of hot water!

With its reinforced side wall and shoulder strap, the bag is structurally supported from the bottom up. Made with ‘wipe clean’ fabrics and comes complete with a reusable stones bag for collecting and containing the used stones. The Vulsini Bag has been designed to have a minimum impact on the environment, using less power to heat the stones, no water and manufactured using the best quality materials, with minimum plastic and metal parts. Its sleek design reduces storage space at home or in the salon/spa and is a professional accessory for the modern mobile therapist.

A simple alternative to the traditional Hot Stone heater, The Vulsini Bag, with built in power cables, wipe clean fabrics and a strong, lightweight and stylish design, is a genuine innovation in mobile hot stone massage therapy.

Further Information
Please contact Jason Wong on Tel: 0207 801 9620; info@vulsini.com www.Vulsini.com

Anni’s Cancer Companion: An A-Z of Treatments, Therapies and Healing

by Anni Matthews; Foreword by Professor Karol Sikora

When Anni Matthews was diagnosed with cancer, she decided to do something really valuable with the experience: she produced a book that is a friendly companion for those who must face the disease.

Research that Coffee Reduces Breast Cancer Risk

Recently published research shows that coffee drinkers have a reduced risk of cancer. More detailed research published in BioMed Central’s open access journal Breast Cancer Research shows that drinking coffee specifically reduces the risk of antiestrogen-resistant estrogen-receptor (ER)-negative breast cancer.

Coffee consumption modifies risk of estrogen-receptor negative breast cancer. Jingmei Li, Petra Seibold, Jenny Chang-Claude, Dieter Flesch-Janys, Jianjun Liu, Kamila Czene, Keith Humphreys and Per Hall. Breast Cancer Research (in press) researchers stress that estrogen levels should be closely monitored and medications adjusted where necessary.

Further information: www.diabetes.org.uk

Confused over Herbal Remedies?

New legislation, which came into effect earlier this month, now dictates that all herbal medicines sold should be fully licensed as safe. Most licensed herbal medicines on sale in the UK will now carry the THR stamp, and whilst this shows that they have been approved as safe, this doesn’t necessarily act as proof that they are effective. The Right to Choose Your Medicine Campaign is spearheaded by Dr Pixie McKenna, the face of Channel 4’s Embarrassing Bodies, involves raising awareness of what the new Herbal Medicines legislation means and consumers’ desire for more information from their GPs on Herbal Medicines.

Further information: www.therighttochoosemymedicine.com www.ChooseYourMedicine.co.uk

Living Mindfully Tackles Stress and Anxiety

A North-East organisation is giving peace of mind to people dealing with stress and anxiety by introducing them to a new way of thinking. Living Mindfully, a Conseet-based community interest company, is working with individuals and groups throughout the region to ease the strains of modern life with a range of courses focused on living in the moment. The courses, which incorporate meditation and individually tailored instruction, are aimed at providing new skills to cope with stress and anxiety and can also result in increased energy and enthusiasm for life, improved sleep patterns and more ability to relax.

Further information: 01207 693909 www.livingmindfully.co.uk

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Further Information

Dr John Mew Orthodontist
persuasion to encourage children to create their own future.

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My orthodontic education was both strict and restrictive; extractions were considered inevitable and the possibilities of changing the

to realize that just for the lack of this knowledge many attractive kids would grow up with plain faces and chronic health problems. As a surgeon it used to upset me

As a small child I was constantly berated if I did not “Stand up Straight” and “Keep My Mouth Shut” and at school the headmaster had

Children and teenagers learn the importance of correct breathing and swallowing for the development of their teeth, face and health. 170 page full colour story book detailing how to apply the Buteyko Method and Dr Mews observations as an internationally respected orthodontist. This book is in three parts. Comic self-help book for teenagers, children's story book and parents section with medical references to support the basis of the method.

Buteyko meets Dr Mew
by Patrick McKeown

Buteyko meets Dr Mew encompasses the work of two highly respected pioneers in their fields. Both began their life's work in different parts of the world during the 1950s. Both witnessed and researched the detrimental effects of incorrect breathing habits; Buteyko from a physiological viewpoint and Mew from an orthodontic and facial appearance perspective.

Personal Story
As a small child I was constantly berated if I did not “Stand up Straight” and “Keep My Mouth Shut” and at school the headmaster had a plywood cut out of a camel which was pointed at any child who sat with their back bent. Nowadays few children suffer this ignominy

Few parents realize the true extent that their child's health can be damaged by such simple factors. As a surgeon it used to upset me to realize that just for the lack of this knowledge many attractive kids would grow up with plain faces and chronic health problems.

Patrick McKeown is doing his best to redress this in his colourful and tactful way and I would like to give him every encouragement. My orthodontic education was both strict and restrictive; extractions were considered inevitable and the possibilities of changing the growth of the face very limited. It was many years later that I discovered that much can be done by both treatment and especially persuasion to encourage children to create their own future.

Dr John Mew Orthodontist

Imaginatively illustrated with cartoon-style instructions - Irish Independent 11th April 2011.

Further Information

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An article published in The Journal of Medicinal Chemistry shows that

Scientists are reporting discovery of a potential biochemical basis for the apparent cancer-fighting ability of broccoli and its veggie cousins. They found for the first time that certain substances in the vegetables appear to target and block a defective gene associated with cancer. The report, which

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Mindful Eating, Mindful Life

Mindful Eating, Mindful Life, written by world-renowned Zen Master Thich Nhat Hanh and Nutritionist Lillian Cheung,
**Beautiful, Relaxation Music on CD**

Sounds Relaxing (formerly September Studio) has been producing high quality, original relaxation music for over 15 years. Supplying Yoga instructors, Hypnotherapists, Aromatherapists and many others along the way, all have benefited from the soft, calming backdrop that these CDs effortlessly create.

With many titles to choose from, there is sure to be one that will suit your specific requirements, and with high quality online samples available for every disc, you can be sure of what you are buying.

As well as the soft melodies, harmonies and natural sounds which are to be found on these CDs, what really helps to set them apart from the rest is the way the tracks are continuous - ranging from 1/2 an hour to an hour in length - perfect for insomniacs, perfect for therapists to time their sessions to, and perfect for general, unobtrusive music to have on at any time and for any occasion.

To complement this range of relaxation CDs, Sounds Relaxing can also offer a range of DVDs which feature beautifully relaxing scenery, set to music taken from various CDs across the range.

**Further Information**

Please contact Mark Sherriff at Sounds Relaxing via mark@sounds-relaxing.co.uk  www.sounds-relaxing.co.uk

**Artichoke Tea for Healthy Gut**

A new human study[1] shows the humble artichoke, which originates from the Mediterranean, could be a fast and effective way to achieving a healthy gut and comes after a previous study which showed that 96% of patients with IBS rated artichoke leaf extracts as better than or equal to previous therapies administered for their symptoms.

The new study[1] helps explain why artichoke can be so effective at helping with conditions such as IBS and shows that a probiotic bacterial strain found in artichokes successfully colonized the human gut and positively influenced faecal bacteria, fatty acid concentrations and enzyme activity. What's more the study was carried out over two 15 day periods, with the main affects being seen after just 15 days.

These results are of particular importance as many probiotic products have been criticized for not containing enough bacteria to affect your gut flora, whereas this study shows that artichoke can and does in a significant manner. The results of the study suggest that artichokes could help improve your gut's microbial balance, and therefore could help with the alleviation of intestinal ailments, like IBS. Furthermore, improved enzyme activity could help improve overall digestion of other foods sorts, meaning your body is better placed to absorb important minerals and nutrients.

**Artichoke Tea**

Artichokes can be difficult to get hold of in the UK and even harder to know what to do with once you do have them, but a company called Natur Boutique have recently launched one of the UK's first artichoke teas. A herbal tea with a twist, Artichoke tea is a tasty alternative to tea or coffee. Furthermore artichoke has been seen to have other health benefits and studies have shown it may help maintain a healthy liver,[2] detox[3] and reduce cholesterol.[4]

**References**

strain Lactobacillus paracasei LMGP22043 carried by artichokes in influencing faecal bacteria and biochemical parameters in human subjects. Institute of Sciences of Food Production, National Research Council, Bari, Italy. Laboratory of Experimental Biochemistry, I.R.C.C.S. ‘Saverio de Bellis’, National Institute of Digestive Diseases, Castellana Grotte (Ba), Italy. Laboratory of Experimental Pathophysiology, I.R.C.C.S. ‘Saverio de Bellis’, National Institute of Digestive Diseases, Castellana Grotte (Ba), Italy. Mar 29 2011.


Further Information
Available from most health stores and www.drinkherbaltea.co.uk

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