This massive volume of over 1612 pages is a comprehensive, historic collection of the most significant theoretical writings on music therapy, as originally written by major thinkers in the field. With 38 readings, each consisting of 1-8 writings of each author, the book provides a panoramic view of the myriad ways of thinking about music therapy that have evolved since its inception. Giving voice to 28 authors, this unprecedented book presents general and specialized theories, in many different orientations and writing styles, on various topics, geared to students and professionals at different levels and with different interests and specializations.

Readings 1 and 2 of the book are meant to prepare the reader for thinking theoretically, and dealing with philosophical questions. The rest of the readings are arranged in alphabetical order by author so as to avoid interpreting or contextualizing the writings in any way. Most of the theoretical writings included here were originally published in the last 12 years, however a few date back to the 1990s, and some go back even further.

Table Of Contents

CONTRIBUTORS

TABLE OF CONTENTS

INTRODUCTION


REFERENCES

- Values Central to Music in Music-Centered Music Therapy (Chapter Four) pp. 77-90.
- Rationales, Practices, and Implications of Music-Centered Music Therapy (Chapter Five), pp. 91-128.
- References


- A Working Definition (Chapter Three), pp. 18-25.
- Types of Music Experiences: The Four Main Methods of Music Therapy (Chapter Thirteen), pp. 113-125.
- Dynamic Forces (Chapter Fifteen), pp. 131-151.
- Defining Areas and Levels of Practice (Chapter Seventeen), pp. 157-173.
- References


- Frame and Picture (Chapter One) pp. 1-38.
- The Music Therapy Triad (Chapter Three) pp. 67-88.
- Relational Knowing (Chapter Four) pp. 102-126.
- Relating to Music (Chapter Five), pp. 127-147.
- References


- The Death-Rebirth Myth as the Healing Agent in Music (Chapter One), pp. 5-9.
The Mythic Artery (Chapter Two), pp. 10-59.
Music and Spirit: Acknowledging a Greater Reality (Chapter Three), pp. 60-61.
The Magic of Music Therapy (Chapter Four), pp. 62-65.
The Field of Play (Chapter Seven), pp. 80-122.
 Beautifying the World (Chapter Sixteen), pp. 178-181.
The Earth is our Mother: Reflections on the Ecology of Music Therapy from a Native Perspective (Chapter Twenty-Five), pp. 236-244.


• Beginnings: On Music (Chapter One), pp. 1-38.
• Tone, Form, and Architecture (Chapter Four), pp. 69-86.
• Clinical Listening (Chapter Five), pp. 87-100.
• Musical Form and Clinical Form (Chapter Nine), pp. 147-158.
• Reflections and New Directions (Chapter Fifteen), pp.233-244.

REFERENCES


• Emotions and Music in Personality Development (Chapter Six), pp. 119-144.
• The Isomorphism of Music and Emotion (Chapter Eight), pp. 172-189.
• Emotional Intelligence and Music Therapy (Chapter Nine), pp. 190-209.

REFERENCES


• Music Therapy and the Politics of Mental Health Care (Chapter One), pp. 18-37.
• Paths Toward A Conceptualization of Therapy (Chapter Two), pp. 38-58.
• Paths Toward A Concept of Music (Chapter Three), pp. 59-72.
• Toward A Concept of Resource-Oriented Music Therapy (Chapter Four), pp. 73-88.

REFERENCES

READING 30:


• The Humanistic/Existential Trend in Psychology (Chapter Four) pp. 43-60


• The Individual as Improviser: The Concept of the Individual in Music Therapy (Chapter Two), pp. 19-30.
• Music and Identity (Chapter Three), pp. 31-48.


• Musical Meaning in Music Therapy (Chapter Four), pp. 54-72.
• Musicking as Self-Care (Chapter Ten), pp. 157-179.

Combined References for Ruud Writings


• Processes in Music Therapy, pp. 1-15.
• A Re-Vision and Expansion of Processes in Music Therapy, pp. 16-41.

- The roots of music therapy in traditional healing rituals (Chapter One), pp. 1-24.
- The Developmental-Integrative Model in Music Therapy (Chapter Two), pp. 25-62.
- References


- Analogy: A Core Category in the Writings of Music Therapists (Chapter Five), pp. 55-64.
- Forms of Feeling and Forms of Perception (Chapter Six), pp. 65-86.
- Defining and Re-defining the Core Category of Analogy (Chapter Seven), pp. 87-110.
- References


- Why Culture (Chapter One), pp. 13-46.
- The Power of Musicking (Chapter Three), pp. 79-110.
- Redefining Music Therapy (Chapter Seven), pp. 179-206.
- References and Notes
